



## Neurothekeoma of the left upper eyelid: rare case report

*Neurotecoma de pálpebra superior esquerda: raro relato de caso*

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### ABSTRACT

Neurothekeomas are rare, benign dermal tumors of presumed fibrohistiocytic lineage. They present multiple differential diagnoses, making their identification challenging at the dermatological and anatomopathological examination. We report the case of a 28-year-old man who presented a hardened papule growth on the left upper eyelid with histopathology and immunohistochemistry suggestive of neurothekeoma.

**Keywords:** Eyelid neoplasms; Neurothekeoma; Case reports

### RESUMO

Neurotecomas são neoplasias raras, benignas, de presumida linhagem fibro-histiocítica. Ao exame dermatológico e ao anatomopatológico, apresentam múltiplos diagnósticos diferenciais, o que torna sua identificação desafiadora. Relatamos o caso de paciente do sexo masculino, de 28 anos de idade, que apresentou crescimento de pápula endurecida na pálpebra superior direita, com histopatológico e imuno-histoquímica sugestivos de neurotecoma.

**Palavras-chave:** Neoplasias palpebrais; Neurotecoma; Relatos de casos

## Case Report

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## INTRODUCTION

Neurothekeoma (NTs) are rare, benign, superficial soft tissue neoplasms of presumed fibrohistiocytic lineage. Generally, they affect women (F:M, 2:1) in the second and third decades and present as pink-erythematous, solitary, well-defined, slow-growing papules or nodules, asymptomatic, with a diameter smaller than 2 cm.<sup>1,2</sup>

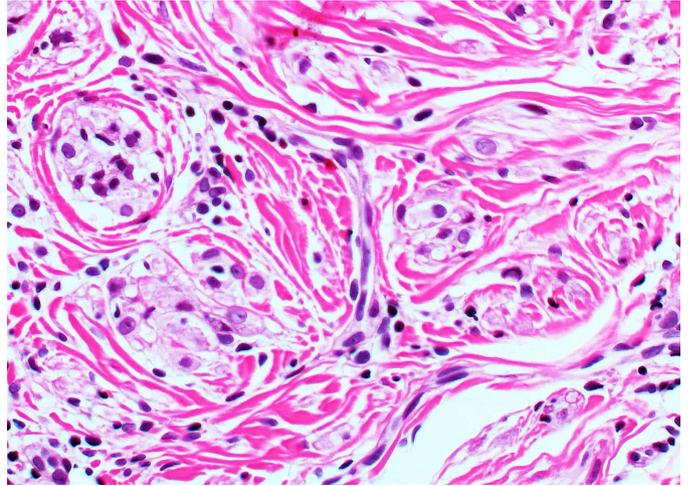
Despite being described in 1969, NTs present uncertain pathogenesis and diverse histological patterns. The multiplicity of differential diagnoses, including the anatomopathological one, makes its identification challenging.<sup>1-3</sup>

## CASE REPORT

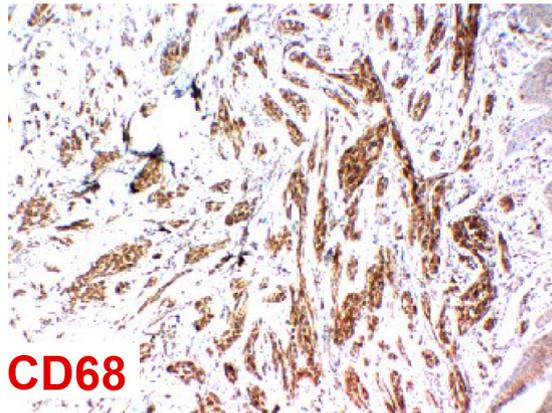
A 28-year-old man, skin phototype V, observed the appearance and growth of a hardened papule on the left upper eyelid (Figure 1) six months ago. He denied pain, itching, or secretion and reported frequent manipulation and sun exposure. He had no relevant dermatological personal history. Regarding his family history, he mentioned “skin cancer” (sic) in his maternal grandmother. We opted for excision of the lesion and sent the material for anatomopathological examination.

The anatomopathological examination showed a dermal lesion composed of fusiform/oval cells arranged randomly with collagenized stroma, areas of collagen entrapment in the periphery, intermingled capillary proliferation, and rare mitotic figures (Figure 2).

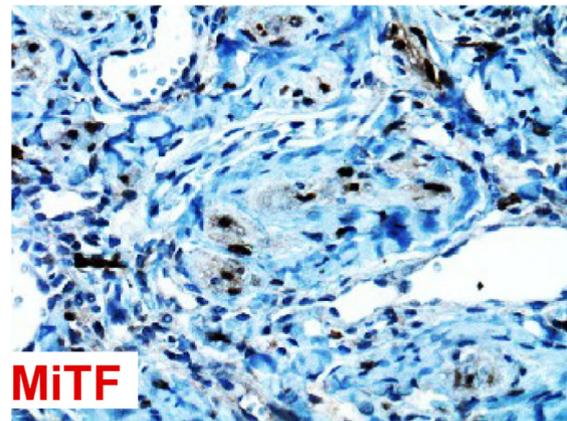
The immunohistochemical study revealed expression for CD68 and MiTF and negativity for HMB-45, p16, BCL2, and protein S-100 (Figure 3). A low proliferative index (1%) was reported. Lesion findings fell within the spectrum of plexiform fibrohistiocytic tumor/ neurothekeoma. However, the immunoneexpression of MiTF favored the diagnosis of neurothekeoma.



**FIGURE 2:** Photomicrograph (Hematoxylin & Eosin, 200x) of epithelioid and fusiform cells with a certain degree of nuclear polymorphism and hyperchromasia, diffusely distributed among collagen fibers



**CD68**



**MiTF**

**FIGURE 3:** Neurothekeoma. Immunohistochemical staining: CD68 and MiTF



**FIGURE 1:** Clinical aspect of the growing left palpebral papule presented by the patient

At follow-up the patient had a recurrence with the same aspects as the previous lesion two months after excision.

## DISCUSSION

Neurothekeoma is a rare, benign dermal neoplasm of uncertain pathogenesis and frequent diagnostic difficulty.<sup>1,2</sup> Until 2019, the literature described only 10 case reports of eyelid neurothekeoma.<sup>4</sup>

The differential diagnosis of NTs is diverse and includes benign, malignant, and inflammatory neoplasms. Histology is the gold standard for diagnosis and is characterized by the presence of a circumscribed and lobular dermal lesion. Nests of epithelioid cells or tumor cells predominate in a subtle spiral pattern. Abundant eosinophilic granular cytoplasm, with round or oval nuclei, is observed.<sup>1,3</sup>

NTs are classified according to the anatomopathological amount of the myxoid matrix. Their immunohistochemical

profile is not specific. However, they are typically reactive to NK1-C3 and CD10 and negative to S-100, HMB-45, Melan-A, and CD56.<sup>3</sup>

Recent studies in histogenetics have evaluated the close relationship between NTs and plexiform fibrohistiocytic tumors. Even with common histogenesis, microphthalmia-associated transcription factor (MiTF) expression can be used as a reliable marker to differentiate between tumors.<sup>2,5</sup>

The chance of TN recurrence after surgical excision is approximately 3%,<sup>3</sup> and its complications are restricted to an aesthetic scar.<sup>1</sup>

Given the unusual presentation of NTs and their clinical-histological similarities with benign and malignant tumors, head and neck surgeons, dermatologists and pathologists should be aware of the morphobiological spectrum of the neoplasm to perform an accurate diagnosis and appropriate treatment and follow-up of the patient.<sup>1</sup> ●

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