Association of pulse pressure with clinical outcomes in patients under different antiplatelet strategies following PCI: Analysis of GLOBAL LEADERS

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1 Association of pulse pressure with clinical outcomes in patients under different 2 antiplatelet strategies following PCI: Analysis of GLOBAL LEADERS 3 4 Ana Paula de Faria*, PhD^a; Rodrigo Modolo*, MD^{b,c}; Ply Chichareon*, MD^{b,d}; Chun-Chin 5 Chang, MD^e; Norihiro Kogame, MD^b; Mariusz Tomaniak MD^{e,f}; Kuniaki Takahashi, MD^b; 6 Tessa Rademaker-Havinga, MSc^g; Joanna Wykrzykowska, MD, PhD^b; Rob J. de Winter, 7 MD, PhD^b; Rui C. Ferreira, MD^h; Amanda Sousa, MD, PhDⁱ; Pedro A. Lemos, MD, PhD^j; 8 Scot Garg, MBChB, PhD^k Christian Hamm MD^l, Peter Juni MD, PhD^m, Pascal Vranckx, 9 MD, PhDⁿ, Marco Valgimigli, MD, PhD^o, Stephan Windecker, MD^o, Yoshinobu Onuma, 10 MD, PhD^{e,g}, Philippe Gabriel Steg MD, PhD^{p,q}, Patrick W. Serruys MD, PhD^r 11 12 13 *These authors contributed equally to this manuscript 14 Running title: Association of pulse pressure with clinical outcomes following contemporary PCI 15 Affiliations 16 ^aSchool of Medical Sciences, University of Campinas (UNICAMP), Campinas, Brazil.^bDepartment of Cardiology, 17 Amsterdam University Medical Center, Amsterdam, the Netherlands.^CDepartment of Internal Medicine, 18 Cardiology Division. University of Campinas (UNICAMP). Campinas, Brazil.^a Division of Cardiology, Department 19 of Internal Medicine, Faculty of Medicine, Prince of Songkla University, Songkhla, Thailand.^eErasmus Medical 20 Center, Erasmus University, Rotterdam, the Netherlands.[†]First Department of Cardiology, Medical University of 21 Warsaw, Warsaw, Poland.⁹Cardialysis Clinical Trials Management and Core Laboratories, Westblaak 98, 22 Rotterdam, the Netherlands.^hServiço de Cardiologia, Hospital de Santa Marta, Centro Hospitalar Universitário 23 24 Lisboa Central, Lisbon, Portugal.¹Department of Interventional Cardiology, Instituto Dante Pazzanese de Cardiologia, Sao Paulo, Brazil.¹Instituto do Coração - HCFMUSP, Universidade de São Paulo, São Paulo, 25 Brazil.^kEast Lancashire Hospitals NHS Trust, Blackburn, Lancashire, United Kingdom.^k Kerckhoff Heart Center, 26 Campus University of Giessen, Bad Nauheim, Germany.^mApplied Health Research Centre, Li Ka Shing 27 Knowledge Institute, St Michael's Hospital, University of Toronto, Toronto, Canada.ⁿDepartment of Cardiology 28 and Critical Care Medicine, Hartcentrum Hasselt, Jessa Ziekenhuis, Hasselt, Belgium.°Department of 29 Cardiology, Bern University Hospital, Inselspital, University of Bern, Switzerland. ^PFACT, French Alliance for 30 Cardiovascular Trials; Hôpital Bichat, AP-HP; Université Paris-Diderot; and INSERM U-1148, all in Paris, 31 France.⁹Royal Brompton Hospital, Imperial College, London, United Kingdom.⁷NHLI, Imperial College London, 32 London, United Kingdom. 33 34 Address for correspondence: 35 Professor Patrick W. Serruys, MD, PhD. 36 Professor of Medicine (em) - Erasmus University Medical Center, Rotterdam, The 37 Netherlands. 38 Professor of Cardiology (hon) - Imperial College London, London, The United Kingdom 39 P.O. Box 2125, 3000 CC Rotterdam, the Netherlands 40 E-mail: patrick.w.j.c.serruys@gmail.com 41 Number of figures: 3, Number of tables: 2 42 **Word count:** 4,755 43 44 Twitter: @AP_deFaria / @R_Modolo / @chichareon

	Journal Pre-proof		
45	Abstract		
46	Background: We evaluated the association of pulse pressure (PP) and different antiplatelet		
47	regimes with clinical and safety outcomes in an all-comers percutaneous coronary		
48	intervention (PCI) population.		
49	Methods: In this analysis of GLOBAL LEADERS (n=15,936) we compared the		
50	experimental therapy of 23-month ticagrelor following one-month dual anti-platelet therapy		
51	(DAPT), versus standard DAPT for 12 months followed by aspirin monotherapy, in subjects		
52	who underwent PCI divided into two groups according to the median PP (60 mmHg). The		
53	primary endpoint (all-cause death or new Q-wave myocardial infarction) and the composite		
54	endpoints (1)patient oriented composite endpoints (POCE), (2) Bleeding Academic Research		
55	Consortium types 3 or 5 (BARC 3 or 5), and (3)net adverse clinical events (NACE) were		
56	evaluated.		
57	Results: At 2 years, subjects in the high PP group (n=7,971) had similar rates of the primary		
58	endpoint (4.3% vs.3.9%,p=0.058), POCE (14.9% vs.12.7%,p=0.051) and BARC 3 or 5		
59	(2.5%vs. 1.7%,p=0.355), and higher rates of NACE (16.4% versus 13.7%,p=0.037),		
60	compared with the low PP group (n=7,965). Among patients with PP<60mmHg, the primary		
61	endpoint (3.4% vs. 4.4%, aHR 0.77 [0.61-0.96]), POCE (11.8% vs. 13.5%, aHR 0.86 [0.76-		
62	0.98]), NACE (12.8% vs. 14.7%, aHR 0.85 [0.76-0.96]) and BARC 3 or 5 (1.4 vs. 2.1%, aHR		
63	0.69 [0.49-0.97]) were lower with ticagrelor monotherapy compared with DAPT. The only		
64	significant interaction was for BARC 3 or 5 (p=0.008).		
65	Conclusions: After contemporary PCI, subjects with high PP levels experienced high rates of		
66	NACE at 2-years. In those with low PP, ticagrelor monotherapy led to a lower risk of		
67	bleeding events compared to standard DAPT.		
68	Keywords: ticagrelor, antiplatelet therapy, pulse pressure, percutaneous coronary		
69	intervention.		

70

Brief Summary:

71 In this analysis of the GLOBAL LEADERS trial (n=15,936) we assessed the association of

72 pulse pressure and its interaction with different antiplatelet strategies (ticagrelor monotherapy

versus standard DAPT) with clinical outcomes following PCI. At 2 years, patients with

- 74 PP≥60 mmHg had similar rates of the primary outcome, POCE and BARC 3 or 5, and higher
- rates of NACE, compared with the low PP group. Among patients with PP<60mmHg, the

76 clinical outcomes were lower with ticagrelor.

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77	Abbreviations
78	ACS = acute coronary syndrome;
79	BARC = Bleeding Academic Research Consortium;
80	BP = blood pressure;
81	CAD = coronary artery disease;
82	DAPT = dual antiplatelet therapy;
83	DBP = diastolic blood pressure;
84	MI = myocardial infarction;
85	NACE = net adverse clinical events
86	NSTEMI = non-ST elevation myocardial infarction;
87	PCI = percutaneous coronary intervention;

- 88 POCE = patient-oriented composite endpoints;
- 89 PP = pulse pressure;
- 90 SBP = systolic blood pressure;
- 91 STEMI = ST elevation myocardial infarction.

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Introduction

93	Pulse pressure (PP) is the pulsatile component of blood pressure (BP) and can predict
94	cardiovascular outcomes (1). A rise in PP, which is mainly observed in middle-aged and
95	elderly patients due to an increase in systolic BP (SBP) and decrease in diastolic BP (DBP),
96	is considered a marker of underlying vascular disease, and reflects a reduction in arterial
97	compliance (2). Specifically, in patients with coronary artery disease (CAD), aortic PP
98	predicted major adverse cardiovascular events and all-cause mortality (3) and provides
99	additional prognostic information beyond mean BP (4). Brachial PP levels were also
100	independently associated with all-cause mortality in CAD patients after percutaneous
101	coronary intervention (PCI) at 5-year follow-up (5). Recently, a retrospective study has
102	demonstrated that the combination of high SBP and low DBP – a wide PP – prior to PCI is
103	associated with myocardial infarction and stroke at 1-year post-procedure (6). Although
104	previous studies have reported PP predicting poor clinical outcomes after PCI, they were
105	mainly conducted in registries with an outdated PCI approach (either balloon angioplasty or
106	bare metal stents implantation) in selected PCI population. Thus, PP association with
107	outcomes in clinical trials including a large all-comers population with CAD, who have
108	undergone contemporary PCI is lacking.
109	Recently, the GLOBAL LEADERS trial has shown that 23-month ticagrelor
110	monotherapy, following one-month dual anti-platelet therapy (DAPT), was not superior to
111	standard DAPT in preventing the primary endpoint – all-cause mortality or new Q-wave
112	myocardial infarction (MI) – among all-comers patients 2 years after PCI (7). Rates of the
113	secondary composite endpoints (i) major bleeding (type 3 or 5 according to Bleeding
114	Academic Research Consortium -BARC) (7), (ii) patient-oriented composite endpoints

115 (POCE), and (iii) net adverse clinical events (NACE), which combines POCE and bleeding

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116	events (8), were also similar between the two antiplatelet strategies. Nevertheless, ticagrelor
117	monotherapy was shown to be effective and safe (7).
118	In this analysis of the GLOBAL LEADERS trial, which enrolled a large 'real-life'
119	population we sought to evaluate: (i) the association of PP with clinical outcomes following
120	contemporary PCI and (ii) the impact of different antiplatelet strategies on the 2-year clinical
121	and safety outcomes in all-comers patients who underwent PCI stratified by low and high PP.
122	
123	Methods
124	The trial
125	The present study is a sub-analysis of the GLOBAL LEADERS trial
126	(ClinicalTrials.gov, number NCT01813435) described in detail elsewhere (7,9). In brief, the
127	trial was a randomized, open-label, multicenter, superiority study designed to compare two
128	antiplatelet therapy strategies in all-comers patients after PCI with a biolimus A9-eluting
129	stent. The experimental therapy comprised aspirin (75–100 mg) daily plus ticagrelor (90 mg)
130	twice daily for 1 month, followed by 23 months of ticagrelor monotherapy, while reference
131	therapy was standard DAPT with aspirin (75–100 mg) daily plus either clopidogrel (75 mg)
132	daily (for patients with stable coronary artery disease) or ticagrelor (90 mg) twice daily (for
133	patients with acute coronary syndrome-ACS) for 12 months, followed by aspirin
134	monotherapy for 12 months (7,9).
135	The trial was approved by the institutional review board at each participating
136	institution. The study was performed in accordance with the ethical principles for medical
137	research involving human subjects of the World Medical Association (Declaration of
138	Helsinki), the International Conference of Harmonization, and Good Clinical Practice. All
139	participants provided written informed consent at enrolment. An independent data and safety
140	monitoring committee oversaw the safety of all patients.

141 Study population

The main study enrolled 15,991 patients between July 2013 to November 2015 in an "all-comers" design: no restriction regarding clinical presentation, complexity of the lesions or number of stents used. Since (i) 23 patients withdrew consent and requested data deletion from the database, and (ii) 32 subjects had systolic and diastolic BP levels equal to zero (treated as mistakes in completion of the eCRF, and then excluded), a total of 15,936 subjects remained for the current analysis (99.65% of all randomized patients).

148 **Pulse Pressure**

PP was calculated by subtracting the DBP from the SBP recorded at the time of
randomization by a single seated BP. Patients were then divided into two groups using the
median PP of 60 mmHg as a cut-off into the low (PP <60mmHg) and high (PP≥60 mmHg)
group.

153 Study endpoints

154 In this sub-analysis of the GLOBAL LEADERS trial we evaluated the association of 155 PP and different antiplatelet strategies with the primary endpoint – a composite of 156 investigator-reported all-cause mortality or non-fatal, new Q-wave MI identified by an 157 independent ECG core laboratory (7) – at 2 years in all-comers subjects who underwent PCI 158 stratified by low or high baseline PP. Secondarily, we assessed the interaction of these anti-159 platelet therapies on (i) the key secondary safety endpoint – site-reported bleeding assessed 160 according to the BARC criteria (grade 3 or 5, detailed in Supplementary Table S1) (10), (ii) 161 the POCE and (iii) NACE at 2 years in PP groups. POCE was defined according to the recent 162 Academic Research Consortium (ARC)-2 consensus as all-cause mortality, any stroke 163 (ischemic and hemorrhagic), any MI including periprocedural or spontaneous with ST-164 elevation MI (STEMI) or non-ST-segment elevation myocardial infarction (NSTEMI), and 165 any revascularization (re-PCI or coronary artery bypass graft surgery (CABG) in target or

166 non-target vessels) (11) NACE was defined as the combination of clinically relevant

167 ischemic events and safety-related bleeding events, POCE plus BARC type 3 or 5. The

168 composite endpoints were analyzed according to time-to-first event analysis.

169 Statistical analyses

Continuous variables are expressed as mean \pm standard deviation and were compared 170 171 using independent t test. Categorical variables are presented as absolute number and percentage and were compared using Fisher's exact test if dichotomous or Chi-square test if 172 173 > 2 categories. Kaplan-Meier method was used to estimate the cumulative rates of events and 174 log-rank test was performed to examine the differences between groups. The outcomes 175 according to PP groups were assessed in the univariate and multivariate Cox proportional 176 hazards model. The covariates in the multivariate model were included based on clinical relevance as well as association with PP in previous studies, such as age, diabetes, sex, 177 178 hypertension, peripheral vascular disease, renal failure, history of MI, history of coronary 179 artery bypass grafting and presentation of ACS. Hazard ratio (HR) and 95% confidence 180 intervals (CI) were calculated, and interaction test was performed to evaluate the differences 181 in the treatment effect of antiplatelet strategies in PP groups. Association between the continuous PP levels and clinical (POCE) and safety bleeding (BARC 3 or 5) outcomes were 182 183 assessed using spline function in the Cox regression analysis. All the analyses were 184 performed according to the intention-to-treat principle of all randomized patients as time-to-185 first-event. A two-sided alpha of 5% was considered as statistical significance. The analyses 186 were performed in R version 3.4.2.

187

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Results

189 Baseline clinical characteristics

190	Out of 15,936 subjects who remained in this sub-analysis of the GLOBAL LEADERS
191	trial, 7,965 had a low PP (PP<60 mmHg), and 7,971 had a high level (PP \ge 60 mmHg). As
192	expected, those in the high PP group were older and more likely to be women, diabetic (and
193	insulin users), hypertensive and hypercholesterolemic compared with their counterparts. In
194	addition, this group with a PP≥60mmHg had a higher proportion of patients with peripheral
195	vascular disease, renal failure, previous coronary artery bypass grafting and stable coronary
196	artery disease compared to patients in the low PP group. On the other hand, compared with
197	those with a PP≥60mmHg, patients within the low PP group were more commonly smokers,
198	and more likely to present with a NSTEMI or STEMI (Table 1).
199	Association of pulse pressure levels with clinical outcomes
200	As shown in table 2 in the univariate model, at 2 years, rates of primary endpoint –
201	the composite of all-cause mortality or non-fatal new Q-wave MI – were similar between the
202	PP groups, whereas POCE, NACE and BARC 3 or 5 occurred more frequently in group with
203	PP≥60mmHg. Multivariate analyses revealed that subjects with high PP levels had
204	significantly higher rates of NACE, although POCE and the primary endpoint were higher
205	without reaching statistical significance, compared with the group with low PP levels. In the
206	multivariate model rates of BARC 3 or 5 bleeding were similar between the PP groups (Table
207	2). Spline representation of the hazard ratios of different continuous PP levels for POCE and
208	BARC 3 or 5 are shown in Figure 1.
209	Impact of antiplatelet strategies on clinical and safety outcomes
210	No treatment effect of ticagrelor monotherapy compared with standard DAPT was
211	observed among patients with a high PP for the studied outcomes. On the other hand, subjects
212	with a low PP treated with ticagrelor had a lower risk of the clinical and safety outcomes
213	assessed in this sub-analysis – the primary endpoint, POCE, NACE and BARC 3 or 5 –
214	compared with standard DAPT (Figure 2). Interaction testing revealed differences in the

215	treatment effect of antiplatelet strategies between PP groups with regards to the secondary
216	safety outcome only – BARC 3 or 5 bleeding events – $p_{interaction} = 0.008$ (Figure 2). Time to
217	first event curves for the secondary endpoints and interaction with the antiplatelet strategies
218	are shown in Figure 3 .
219	
220	Discussion
221	The main findings of this sub-analysis of the GLOBAL LEADERS trial are (1) at two
222	years follow-up, regardless of confounders, patients with high PP have higher rates of NACE
223	compared to those with low PP; and (2) a significant interaction was observed between the
224	antiplatelet strategies and PP groups at 2 years for safety: ticagrelor monotherapy reduced
225	BARC 3-5 bleeding compared to standard DAPT in subjects with low PP, but not among
226	those with high PP. Given the trial design, our study is the first to examine the interaction
227	between PP and antiplatelet scheme on ischemic and safety outcomes in an all-comers
228	population after contemporary PCI.
229	Studies have clearly pointed out that cardiovascular risk is related not only to an
230	increase in systolic but also to a decrease in diastolic BP. Since both components of BP tend
231	to diverge after the age of 55 (12), PP has emerged as an important risk factor for predicting
232	cardiovascular events (1,13). PP increases along with age, body mass index, cholesterol, and
233	risk of diabetes, but independent of these risk factors, it has been shown to be a strong
234	predictor of death from cardiovascular disease with an increased risk of 10% in individuals
235	46 to 77 years of age, per 10 mmHg increment in PP (14). On the other hand, rises in PP,
236	which reflect a reduction in arterial compliance, have been identified as a simple marker of
237	underlying vascular disease (2). This raises the hypothesis that PP may participate as either a
238	direct risk factor for cardiovascular events or a marker of poor outcome.

239	Adverse outcomes in patients with CAD have been associated with elevated PP.
240	Ascending aortic PP normalized to the mean BP correlated to the extent of coronary
241	atherosclerosis irrespectively of the presence of hypertension (15), as well as being able to
242	predict the risk of major adverse cardiovascular events and all-cause mortality (3) in
243	individuals with angiographically proven CAD. Specifically in CAD patients following PCI,
244	mean BP-normalized PP was a powerful predictor of restenosis 3 months after the procedure
245	[Odds Ratio = 33.5 (95% CI, 2.04 to 550.6) for the highest, compared with the lowest, tertile
246	of PP] (16). Brachial PP levels were also independently associated with total mortality
247	[Relative Risk=1.08 (95%CI, 1.01 to 1.15, per 10 mmHg increment in PP] in coronary
248	patients followed for 5 years after revascularization (5). Further, increased noninvasive heart
249	rate-corrected aortic amplification index, which assess arterial stiffness (17,18), predicted the
250	occurrence of the combination of death, MI, and clinical restenosis in CAD patients within 2
251	years of their PCI (19). Of course, these studies linking restenosis to PP have been made in a
252	time where the rate of restenosis was higher than with contemporary PCI. Most recently, a
253	large retrospective analysis associated pre-procedural PP (high systolic combined with low
254	diastolic BP) with a higher incidence of MI and stroke at 1 year after PCI (6). Our findings
255	are in part consistent with those previous studies. We found that after adjusting for several
256	confounders, subjects with high baseline PP who underwent PCI were at an increased risk
257	(9% risk increase along the 2 years) of having the combination of clinically relevant ischemic
258	events and safety-related bleeding events, namely NACE. Of the components of NACE,
259	safety-related bleeding (BARC 3 or 5) has previously been poorly explored in relation to an
260	association with baseline PP in subjects undergoing PCI. Our study supports the prognostic
261	importance of PP- that reflect increased arterial stiffness - on subsequent cardiovascular
262	outcomes and bleeding events in patients after PCI.

263	The pathophysiology of the effects of increased PP is complex. It causes increased
264	cyclic stretch of vascular structures activating several signaling pathways ultimately leading
265	to atherosclerotic remodeling, proinflammatory cell migration, and increases in oxidative
266	stress (20). A bidirectional link is also present; while on the one hand elevated PP mediates
267	progression of atherosclerosis, on the other hand, plaque formation impairs the elastic
268	properties of the arterial wall, elevating PP, creating a vicious cycle (20-22). Pulsatile BP has
269	been implicated as the main mechanism causing instability and rupture of atherosclerotic
270	plaque, and consequently acute coronary syndrome and other vascular complications (23,24).
271	In fact, studies have suggested that cardiac events are more related to the pulsatile stress of
272	large-artery stiffness during systole – as reflected by a rise in PP – than the steady-state stress
273	of small-vessel resistance during diastole (as reflected in rises in both systolic and diastolic
274	BP) (25). Rises in aortic stiffness have also supported the link between cardiac performance
275	and myocardial perfusion. It has been shown that among patients undergoing PCI, compared
276	to those with compliant aortas, those with stiffer aortas had a lower hyperemic coronary
277	blood flow response to adenosine, and also a smaller improvement in hyperemic coronary
278	blood flow after a successful PCI (26). These data demonstrate that, because the arterial wall
279	continuously interacts with hemodynamic forces, the PP, reflecting increased arterial
280	stiffness, might in part, be the mechanical component underlying adverse cardiovascular and
281	bleeding events. It is worth mentioning, however, that other potential contributors may be
282	associated with the results we noted; PP could be either participating as a simple marker of
283	advanced vascular disease, or as another underlying mechanism related with our findings.
284	Another finding of this sub-analysis of GLOBAL LEADERS trial was that prolonged
285	ticagrelor monotherapy was beneficial in reducing the risk of bleeding events compared to
286	conventional DAPT followed by aspirin alone in subjects who had low PP, although no
287	different effect was observed between the therapies in those with high PP. Since the relevant

288 PLATO (The Study of Platelet Inhibition and Patient Outcomes) trial (27) revealed the 289 superiority of ticagrelor over clopidogrel with regard to the primary efficacy endpoint 290 apparently without an increase in the rate of major bleeding in patients with ACS, protective 291 effects of ticagrelor have been extensively explored in the literature (28,29). These 292 pleiotropic effects – mainly reported due to increasing adenosine levels (30-32) – have been 293 associated with (i) improvements in endothelial function when compared with clopidogrel 294 (28,29), and (ii) increases in circulating endothelial progenitor cell levels (EPC) and 295 decreases in proinflammatory cytokines compared with prasugrel (33). In fact, studies have suggested that increasing circulating EPC in ACS subjects is critical to improve vascular 296 297 healing and regenerate endothelial homeostasis (34). Beyond its potency in inhibiting platelet 298 aggregation, ticagrelor seems to have additional vascular protective properties. In light of 299 these data, our study suggested that subjects who underwent PCI and had a not yet high PP 300 (<60mmHg) – reflecting a healthier profile of arterial compliance – were the target group 301 who, possibly due to ticagrelor-related pleiotropic effects, have a reduced risk of bleeding from ticagrelor compared to DAPT. On the other hand, no effect of ticagrelor on 302 303 cardiovascular and bleeding events was noticeable in the group with high PP, which probably 304 is due to their more advanced arterial stiffness. Although ticagrelor was not found to be more 305 effective than DAPT in reducing cardiovascular outcomes (p values for interaction were not 306 significant), its safety profile after PCI with low PP is of particular importance. 307 Accordingly, anti-platelet therapy in individuals with high BP, who presented either 308 with cardiovascular or cerebrovascular disease, has been associated with an increased risk for 309 hemorrhagic stroke (35-37). Nevertheless, recent guidelines for the management of arterial hypertension (38), based mainly on a Cochrane systematic review (39), state that for 310

311 secondary prevention the benefit of aspirin in patients with elevated BP is many times greater

than the harm (an absolute reduction in vascular events of 4.1% compared with placebo).

However, antiplatelet agents such as ticlopidine, clopidogrel, and newer prasugrel and
ticagrelor have not been sufficiently evaluated in these hypertensive patients (38). Although
our findings showed similar rates of clinical and safety outcomes in taking either ticagrelor or
DAPT at 2 year-follow up in subjects with high PP, future research is necessary to delineate
this relationship more precisely.

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Limitations

The main limitation is our sub-analysis is exploratory and was not a prespecified 320 analysis of the GLOBAL LEADERS trial, therefore, the results should be considered as 321 322 hypothesis-generating. The trial did not have a clinical adjudication committee for serious 323 adverse events due to limited financial resources. An exception of primary endpoint - all-324 cause death and new Q wave MI – assessed by an independent ECG core lab, the endpoints 325 were site-reported. However, the trial was monitored for consistency and reporting of events and on-site monitoring visits were regularly performed. As we based our analyses on single 326 327 office PP, it would be more accurate and precise by using the mean of multiple BP readings 328 or ambulatory monitoring. Central PP is shown to predict cardiovascular events (40) and associate with coronary atherosclerosis (41) more strongly than peripheral measurements, but 329 330 aortic measurements are not assessed in the trial. On the other hand, the difference between 331 central and peripheral PP observed in younger individuals is not as evident as in the elderly 332 population (42) – which favours our findings on brachial PP evaluation since the population 333 included in the GLOBAL LEADERS trial had a mean of 64.5 years of age (7). Nonetheless, a meta-analysis has supported that central PP does not offer a significant increase in predictive 334 335 ability for clinical events over peripheral PP (43).

336

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Conclusions

Subjects with high PP experienced higher rates of the combination of clinically
relevant ischemic events and safety-related bleeding events (NACE) at two years after PCI
compared to those at low level. In addition, ticagrelor monotherapy was favorable to standard
DAPT strategy in providing a lower risk of bleeding events (BARC 3 or 5) in patients with
low PP. The results should be interpreted as hypothesis-generating, therefore prospective
confirmation of our results is needed.

Journal Prevention

Journal Pre-proof				
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347				
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514		

	PP < 60	PP ≥ 60	p-value
	(n=7965)	(n=7971)	
Age, mean (SD)	62.08 (10.29)	66.99 (9.73)	< 0.001
BMI, mean (SD)	28.16 (4.54)	28.22 (4.65)	0.422
Diabetes mellitus	1736 (21.8)	2294 (28.8)	< 0.001
Insulin-dependent diabetes mellitus	481 (6.1)	740 (9.3)	< 0.001
Male	6427 (80.7)	5799 (72.8)	< 0.001
Hypertension	5375 (67.7)	6322 (79.5)	< 0.001
Hypercholesterolemia	5263 (68.3)	5490 (71.1)	< 0.001
Smoking history	2397 (30.1)	1765 (22.1)	< 0.001
Peripheral vascular disease	392 (5.0)	608 (7.7)	< 0.001
COPD	392 (4.9)	429 (5.4)	0.197
History of bleeding	50 (0.6)	48 (0.6)	0.919
Renal failure	895 (11.3)	1272 (16.0)	< 0.001
Previous stroke	197 (2.5)	224 (2.8)	0.199
Previous MI	1937 (24.4)	1764 (22.2)	0.001
Previous PCI	2565 (32.2)	2640 (33.2)	0.218
Previous CABG	405 (5.1)	533 (6.7)	< 0.001
Clinical presentation			< 0.001
Stable CAD	3866 (48.5)	4592 (57.6)	
Unstable angina	1026 (12.9)	994 (12.5)	
NSTEMI	1818 (22.8)	1549 (19.4)	
STEMI	1255 (15.8)	836 (10.5)	
Medication use at discharge			

Table 1: Baseline clinical characteristics according to pulse pressure groups

Journ	Journal Pre-proof					
ACE inhibitors	4838 (61.2)	4721 (59.7)	0.054			
Angiotensin-II receptor blockers	1156 (14.6)	1494 (18.9)	< 0.001			
Beta-blockers	6351 (80.3)	6202 (78.4)	0.004			
Statins	7426 (93.8)	7244 (91.5)	< 0.001			

516 Data shown are n (%), unless otherwise indicated. PP: pulse pressure; SD: standard deviation;
517 BMI: body mass index; COPD: chronic obstructive pulmonary disease; MI: myocardial
518 infarction; PCI: percutaneous coronary intervention; CABG: coronary artery bypass grafting;
519 CAD: coronary artery disease; NSTEMI: non-ST-elevation myocardial infarction; STEMI:
520 ST-elevation myocardial infarction; ACE: Angiotensin-converting enzyme.

Journal Pre-Pr

Outcomes	PP < 60	PP ≥ 60	Unadjusted HR	p-value	Adjusted HR*
at 2 years	(n=7965)	(n=7971)	(95% CI)		(95% CI)
Death/Q-wave MI	309 (3.9)	342 (4.3)	1.11 (0.95-1.29)	0.190	0.86 (0.73-1.01)
POCE	1001 (12.7)	1172 (14.9)	1.19 (1.09-1.29)	< 0.001	1.09 (1.00-1.19)
BARC 3 or 5	136 (1.7)	195 (2.5)	1.44 (1.16-1.79)	0.001	1.11 (0.89-1.40)
NACE	1083 (13.7)	1290 (16.4)	1.21 (1.12-1.31)	< 0.001	1.09 (1.01-1.19)

521 **Table 2: Clinical and safety outcomes at 2 years according to pulse pressure groups**

522 Data shown are number of events (Kaplan-Meier estimates).

523 * Adjusted for age, diabetes, sex, hypertension, peripheral vascular disease, renal failure, history of myocardial infarction, history of coronary

524 artery bypass grafting and presentation of acute coronary syndrome. PP: pulse pressure; Death/Q-wave MI: composite of all-cause mortality or

525 non-fatal, new Q-wave myocardial infarction; POCE: patient oriented composite endpoints; BARC: bleeding academic research consortium;

526 NACE: net adverse clinical events.

p-value

0.058

0.051

0.355

0.037

527 Figure legends

528

529 Figure 1. Spline representation of the unadjusted hazard ratios for patient oriented 530 composite endpoints (POCE) and major bleeding (BARC 3 or 5) at 2 years according to 531 pulse pressure values.

532

Figure 2: Forest-plot representation of ischemic and safety outcomes at 2 years
according to antiplatelets therapies in pulse pressure groups.

535 Data shown are number of events (Kaplan-Meier estimates).

* Adjusted for age, diabetes, sex, hypertension, peripheral vascular disease, renal failure,
history of myocardial infarction, history of coronary artery bypass grafting and presentation
of acute coronary syndrome. PP: pulse pressure; Death/Q-wave MI: composite of all-cause
mortality or non-fatal, new Q-wave myocardial infarction; POCE: patient oriented composite
endpoints; BARC: bleeding academic research consortium; NACE: net adverse clinical
events

542

543 Figure 3A: Interaction of the two antiplatelet therapies on the clinical endpoint POCE
544 in the pulse pressure groups.

545

546 Figure 3B: Interaction of the two antiplatelet therapies on the safety endpoint BARC
547 type 3 or 5 in the pulse pressure groups.

548

Figure 3C: Interaction of the two antiplatelet therapies on the combination of clinically
relevant ischemic events and safety-related bleeding events NACE in the pulse pressure
groups.



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